

## March 6 is Lymphedema Awareness Day

Mayor Ed Mayne has proclaimed March 6, 2019, as "Lymphedema Awareness Day" in the City of Parksville.

Lymphedema is a chronic disease that results in disfiguring swelling in one or more parts of the body. It is an incurable condition affecting more than 250 million people worldwide with disfigurement, disabilities, discomfort and distress.

The BC Lymphedema Association hopes the proclamation of Lymphedema Awareness Day will raise awareness about lymphedema within both the medical community and the general public to help support those living with the condition and to remind people with lymphedema they can live healthy and hopeful lives.

For more information about lymphedema, please visit the BC Lymphedema Association website at <u>www.bclymph.org</u>.

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